

Breakfast

Hesston USD 460

**December
2017**

The USDA is an equal opportunity provider & employer

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>High School Breakfast</u></p> <p><u>Cereals, Muffins, Yogurt, Fruit, Juice, Milk</u></p>				<p>1 Biscuit & Gravy OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety</p>
<p>4 Breakfast Bites OR Cereal Variety Graham Snacks Fruit Juice Variety Milk Variety</p>	<p>5 Cheese Omelet & Biscuit OR Cereal Variety Yogurt Fruit Juice Variety Milk Variety</p>	<p>6 Breakfast on A stick OR Cereal Variety Muffin Fruit Juice Variety Milk Variety</p>	<p>7 Sausage Square OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety</p>	<p>8 Biscuit & Gravy OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety</p>
<p>11 Breakfast Bites OR Cereal Variety Graham Snacks Fruit Juice Variety Milk Variety</p>	<p>12 Cheese Omelet & Biscuit OR Cereal Variety Yogurt Fruit Juice Variety Milk Variety</p>	<p>13 Breakfast on A stick OR Cereal Variety Muffin Fruit Juice Variety Milk Variety</p>	<p>14 Sausage Square OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety</p>	<p>15 Biscuit & Gravy OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety</p>
<p>18 Breakfast Bites OR Cereal Variety Graham Snacks Fruit Juice Variety Milk Variety</p>	<p>19 Cheese Omelet & Biscuit OR Cereal Variety Yogurt Fruit Juice Variety Milk Variety</p>	<p>20 Breakfast on A stick OR Cereal Variety Muffin Fruit Juice Variety Milk Variety</p>	<p>21 Sausage Square OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety</p>	<p>22 No School</p>
<p>25 Merry Christmas</p>	<p>26 No School</p>	<p>27 No School</p>	<p>28 No School</p>	<p>29 No School</p>

LUNCH

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Monday	Tuesday	Wednesday	Thursday	Friday
Menus are subject to change without notice				1 Grilled Chicken Sandwich Baked Beans Cukes & Celery Citrus Fruit Salad Brownie, Milk Fruit Choice 9-12
4 Stuffed Bread Sticks & Marinara Tossed Salad/tom. Green Beans Fresh Kiwi Milk Fruit Choice 9-12	5 Beef Nachos Refried Beans Lettuce & tomato Salsa Mixed Fruit with Strawberries Milk Fruit Choice 9-12	6 Corn Dog Tater Tots Fresh broccoli & Cauliflower/dip Fresh Apples Milk Snickerdoodle Fruit Choice 9-12	7 Chicken Nuggets Sweet & sour sauce Seasoned rice Baby Carrots & Cucumbers/dip Mandarin Oranges Milk Fruit Choice 9-12	8 Quesadilla, black Bean Salsa with Tostitos 9-12 Tossed Salad/tom. Green & Red Pepper slices Pineapple, Milk Fruit Choice 9-12
11 Stuffed Crust Cheese Pizza Tossed Salad/grape tomatoes, Seasoned Corn, sliced pears Choc. Chip Cookie Milk Fruit Choice 9-12	12 Chicken strips French Fries Calif. Veggies Mixed Fruit Roll & jelly 9-12 Milk Fruit Choice 9-12	13 Hamburger Lettuce & Tomato Sw. Tater Fries Baked Beans Fresh Banana Milk Fruit Choice 9-12	14 Christmas Dinner Chicken Drumstick Potatoes & Gravy Green Beans Rosy Applesauce Whole Wheat Roll (9-12) Pumpkin Bar Milk Fruit Choice (9-12)	15 Tetrzzini Garlic Breadstick Seasoned peas Tossed Salad/tom. Fresh Grapes Milk Fruit choice 9-12
18 Ch. Fried Steak Mashed potatoes & gravy Broccoli & Cheese WW roll/jelly 5-12 Citrus Fruit salad Fruit Choice 9-12	19 Spaghetti Garlic Breadstick Tossed Sal./Tom Baby carrots Fresh Oranges Milk Fruit Choice 9-12	20 Hot Dog Seasoned Potato wedges, Baked Beans, Fruit Choice Oatmeal Cookie Milk Fruit Choice 9-12 HS finals-pizza	21 -pizza Romaine & tomato, rainbow pepper strips/dip Tropical Fruit Milk Finals/No lunch at HS	22 No School
25 Merry Christmas!	26 No School	27 No School	28 No School	29 No School