

Breakfast

Hesston USD 460

**December
2017**

The USDA is an equal opportunity provider & employer

Monday	Tuesday	Wednesday	Thursday	Friday
<u>High School Breakfast</u> <u>Cereals, Muffins, Yogurt, Fruit, Juice, Milk</u>				1 Biscuit & Gravy OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety
4 Breakfast Bites OR Cereal Variety Graham Snacks Fruit Juice Variety Milk Variety	5 Cheese Omelet & Biscuit OR Cereal Variety Yogurt Fruit Juice Variety Milk Variety	6 Breakfast on A stick OR Cereal Variety Muffin Fruit Juice Variety Milk Variety	7 Sausage Square OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety	8 Biscuit & Gravy OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety
11 Breakfast Bites OR Cereal Variety Graham Snacks Fruit Juice Variety Milk Variety	12 Cheese Omelet & Biscuit OR Cereal Variety Yogurt Fruit Juice Variety Milk Variety	13 Breakfast on A stick OR Cereal Variety Muffin Fruit Juice Variety Milk Variety	14 Sausage Square OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety	15 Biscuit & Gravy OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety
18 Breakfast Bites OR Cereal Variety Graham Snacks Fruit Juice Variety Milk Variety	19 Cheese Omelet & Biscuit OR Cereal Variety Yogurt Fruit Juice Variety Milk Variety	20 Breakfast on A stick OR Cereal Variety Muffin Fruit Juice Variety Milk Variety	21 Sausage Square OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety	22 No School
25 Merry Christmas	26 No School	27 No School	28 No School	29 No School

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Monday	Tuesday	Wednesday	Thursday	Friday
Menus are subject to change without notice				1 Grilled Chicken Sandwich Baked Beans Cukes & Celery Citrus Fruit Salad Brownie, Milk Fruit Choice 9-12
4 Stuffed Bread Sticks & Marinara Tossed Salad/tom. Green Beans Fresh Kiwi Milk Fruit Choice 9-12	5 Beef Nachos Refried Beans Lettuce & tomato Salsa Mixed Fruit with Strawberries Milk Fruit Choice 9-12	6 Corn Dog Tater Tots Fresh broccoli & Cauliflower/dip Fresh Apples Milk Snickerdoodle Fruit Choice 9-12	7 Chicken Nuggets Sweet & sour sauce Seasoned rice Baby Carrots & Cucumbers/dip Mandarin Oranges Milk Fruit Choice 9-12	8 Quesadilla, black Bean Salsa with Tostitos 9-12 Tossed Salad/tom. Green & Red Pepper slices Pineapple, Milk Fruit Choice 9-12
11 Stuffed Crust Cheese Pizza Tossed Salad/grape tomatoes, Seasoned Corn, sliced pears Choc. Chip Cookie Milk Fruit Choice 9-12	12 Chicken strips French Fries Calif. Veggies Mixed Fruit Roll & jelly 9-12 Milk Fruit Choice 9-12	13 Hamburger Lettuce & Tomato Sw. Tater Fries Baked Beans Fresh Banana Milk Fruit Choice 9-12	14 Christmas Dinner Chicken Drumstick Potatoes & Gravy Green Beans Rosy Applesauce Whole Wheat Roll (9-12) Pumpkin Bar Milk Fruit Choice (9-12)	15 Tetrzzini Garlic Breadstick Seasoned peas Tossed Salad/tom. Fresh Grapes Milk Fruit choice 9-12
18 Ch. Fried Steak Mashed potatoes & gravy Broccoli & Cheese WW roll/jelly 5-12 Citrus Fruit salad Fruit Choice 9-12	19 Spaghetti Garlic Breadstick Tossed Sal./Tom Baby carrots Fresh Oranges Milk Fruit Choice 9-12	20 Hot Dog Seasoned Potato wedges, Baked Beans, Fruit Choice Oatmeal Cookie Milk Fruit Choice 9-12 HS finals-pizza	21 -pizza Romaine & tomato, rainbow pepper strips/dip Tropical Fruit Milk Finals/No lunch at HS	22 No School
25 Merry Christmas!	26 No School	27 No School	28 No School	29 No School