

Breakfast

Hesston USD 460

**January
2018**

The USDA is an equal opportunity provider & employer

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	2 No School	3 No School	4 Sausage Square OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety	5 Biscuit & Gravy OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety
8 Breakfast Bites OR Cereal Variety Graham Snacks Fruit Juice Variety Milk Variety	9 Cheese Omelet & Biscuit OR Cereal Variety Yogurt Fruit Juice Variety Milk Variety	10 Breakfast on A stick OR Cereal Variety Muffin Fruit Juice Variety Milk Variety	11 Sausage Square OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety	12 Biscuit & Gravy OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety
15 No School	16 Cheese Omelet & Biscuit OR Cereal Variety Yogurt Fruit Juice Variety Milk Variety	17 Breakfast on A stick OR Cereal Variety Muffin Fruit Juice Variety Milk Variety	18 Sausage Square OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety	19 Biscuit & Gravy OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety
22 Breakfast Bites OR Cereal Variety Graham Snacks Fruit Juice Variety Milk Variety	23 Cheese Omelet & Biscuit OR Cereal Variety Yogurt Fruit Juice Variety Milk Variety	24 Breakfast on A stick OR Cereal Variety Muffin Fruit Juice Variety Milk Variety	25 Sausage Square OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety	26 Biscuit & Gravy OR Cereal Variety Cereal Bar Fruit Juice Variety Milk Variety
29 Breakfast Bites OR Cereal Variety Graham Snacks Fruit Juice Variety Milk Variety	30 Cheese Omelet & Biscuit OR Cereal Variety Yogurt Fruit Juice Variety Milk Variety	31 Breakfast on A stick OR Cereal Variety Muffin Fruit Juice Variety Milk Variety		<u>High School Breakfast</u> <u>Cereals, Muffins, Yogurt, Fruit, Juice, Milk</u>

LUNCH

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Monday	Tuesday	Wednesday	Thursday	Friday
1 Happy New Year!	2 No School	3 No School	4 Mac & Cheese Meat Balls Seasoned Peas Baby Carrots/dip Grapes.	5 Chicken Dippers. Seasoned Rice Oriental Veggies Cucumbers/dip Biscuit/Jelly Citrus Fruit Salad
8 Lasagna Garlic Breadstick Tossed Salad Grape Tomatoes Fresh Apples	9 Soft Taco Romaine & tomato Salsa Refried Beans Pineapple	10 Pepperoni Pizza, Salad & Diced Tomato Baby Carrots/dip Fresh Oranges Choc. Ch. Cookie	11 Pulled Pork Sandwich Seasoned Potato Wedges Fr. Broc. & Caul,dip Warm Spiced Apples,	12 Chicken Pattie Mashed Potatoes & Gravy Green Beans WW Roll & Jelly Mixed Fruit with Strawberries,
15 No School	16 Salisbury Steak, Mashed Potatoes & Gravy Biscuit & jelly Broccoli & Cheese Rosy Applesauce	17 Turkey & Cheese Sandwich Lettuce & Tomato French Fries Calif. Veggies Grapes	18 Crisпитos Salsa Tossed Salad/Tom. Corn Banana	19 Grilled Chicken Sandwich Baked Beans Cukes & Celery Citrus Fruit Salad Brownie,
22 Stuffed Bread- Sticks & Marinara Tossed Salad and diced tomato Green Beans Fresh Kiwi	23 Beef Nachos Refried Beans Lettuce & tomato Salsa Mixed Fruit with Strawberries	24 Corn Dog Tater Tots Fresh broccoli & Cauliflower/dip Fresh Apples Snickerdoodle	25 Ch. Nuggets Sw/sour sauce Seasoned rice Baby Carrots & Cucumbers/dip Sliced Peaches	26 Chick. Quesadilla Tossed Salad/tom. Green & Red Pepper slices Pineapple,
29 Stuffed Crust Cheese Pizza Tossed Salad/tom. Seasoned Corn Fresh Grapes Choc. Chip Cookie	30 Chicken Strips French Fries Calif. Veggies Citrus Fruit Salad Roll & jelly	31 Tetrizzini Garlic Breadstick Seasoned peas Tossed Salad/tom. Sliced Pears		Menus are Subject to Change Without notice